



## July 2024 Newsletter

**July 19, 2024 Presentation**  
**Motherlode Lions Hall 1-3 PM**  
4701 Missouri Flat Rd. Diamond Springs

**Ice Scream Social and**  
**History of the California Gold Rush and the continuing search for GOLD!**  
**By Mark Dayton**



This will be a visual presentation and spoken word history of what it was like to be one of the original gold miners in 1848 to 1865 here in California. Topics will include (but are not limited to): the pre-California history of the early settlers, the Spanish, Mexicans, loggers, fur trappers, mountain men and soldiers who were here prior to the gold rush. He will explore:

- The arduous trip to California from across the plains as well as from all corners of the world by sea
- Early arrivals and settlements, surviving the weather, environment and many creatures of the Gold Country
- The railroad tycoons and merchants of San Francisco
- Col. Stevenson's Regiment of the New York Volunteers and their role before and during the Gold Rush
- The Chinese, Hawaiians, Chileans and Welsh miners and their significant contributions to the gold rush
- After the gold rush - the continuing search for gold and the relics left behind by the miners.

He will bring some incredible artifacts and relics to look at as well and take any questions.

Mark Dayton is a local and published historian of the California Gold Rush. He is also a world-renowned professional treasure hunter and metal detector expert since 1984 who searches for treasures all up and down the West Coast of the USA. He is a retired Firefighter Paramedic and also spends his time as a busy professional musician. Mark is also a highly sought-after speaker on topics of history and metal detecting. He is the star of the popular YouTube Channel " Brass Medic", so you can join along on all of his adventures on YouTube!



Besides having ice cream in July, we will have the presentation originally scheduled for April. Gold Rush 2.0 by Mark Dayton



The Lions Clubs have a project to collect, clean and distribute old prescription glasses. When you donate your old glasses, they are sorted to determine those that are usable or unusable, processed, and placed in inventory for distribution to optical missions around the world. There's a box by the dessert table for your old glasses. **Please consider donating your old glasses.**

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Ken Sterns from The Longevity Project at Stanford traveled the world to look at **THREE NOT-SO-BAD THINGS ON AGING AND LONGEVITY (TNSB)**. The SRS board thought the membership would be interested in his observations. We will reprint one of the projects each month that Ken found in his travels.

## **2. Fukuoka, The Dementia Friendly City.**

Like many cities in Japan, Fukuoka is grappling with the challenges of an aging population. While we can all celebrate the fact that more and more Japanese are living longer and healthier lives, we can also acknowledge the parallel challenges, some of which have no easy answer. Rising rates of dementia are one of those challenges. In the city of 1.5 million, where more than 30% of the residents are over the age of 65 already, the city government estimates that 1 in 5 people over 65—or about 100,000—will suffer from some form of dementia. It's an extraordinarily high number, and it is already straining the capacity of Fukuoka to respond.

Fukuoka's strategy is not to run from the problem but to rethink itself as a "dementia friendly city," a city that understands the need of a large cognitively challenged population, builds services that allow people with dementia to stay in their homes as long as possible, and keeps them safe and comfortable in the neighborhoods they are familiar with. It is a very different model, born of necessity, from the "walled garden" approach of places such as Hogeweyk Dementia Village in the Netherlands, though it comes with the caveat that integration can only work up to a certain stage of dementia.

I visited the “Dementia Friendly Center,” which opened just last fall, as the hub of the city’s strategy. It is a place that is designed to be welcoming and hospitable for people with dementia (and is a place which even employs people with dementia as greeters and guides), for their caregivers and people like me who are interested in learning more. For me, that meant a tour of the center; a chance to try out new products that the city is supporting, like a stove with automatic shut off device; and a chance to wear AR dementia glasses, to let me walk with the uncertain steps of someone with dementia.

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### What’s Happening this Month

**All Month**

**Dues are due, if you haven’t paid them.**

**Wednesday**

July 2<sup>nd</sup>

**Genealogy Group** meets 1-3 PM

Church of the Latter-Day Saints Family Center

3275 Cedar Ravine Rd. Placerville

**Thursday**

July 11<sup>th</sup>

**Book Group** meets 1-3 PM

Placerville Main Library

**Friday**

July 19<sup>st</sup>

**Monthly Meeting:** Ice Cream Social and Gold Rush 2.0 by

Mark Dayton

4701 Missouri Flat Rd. Diamond Springs Lions Hall 1-3PM

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***Note the date change in the Genealogy Workshops***

**Hello all:**

Sierra Renaissance Society (SRS) is very pleased to let you know that the Genealogy (Family Tree) work group is once again meeting at the LDS Family History Center (3275 Cedar Ravine Rd, Placerville) on **the 1<sup>st</sup> Tuesday** of each month 1-3p.m. The format is informal with a discussion of questions, progress & challenges with the 2<sup>nd</sup> hour down in the LDS lab with knowledgeable volunteers. If you’re not currently a member of SRS & would like to be, come with your yearly dues of \$20.00 (for all large presentations & workshops for 2024) & give to either Nancy or myself. Also, we would appreciate if you pass along this information to others who may be working on their own Family Tree.

Thank you, Carol Heape

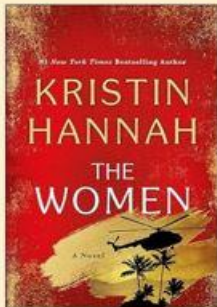
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## Book Group Selections

**Book Group** meets 2<sup>nd</sup> Thursday of each month 1-3PM at the Placerville Main Library.

***The Women*** by Kristin Hanna

**JULY 2024**



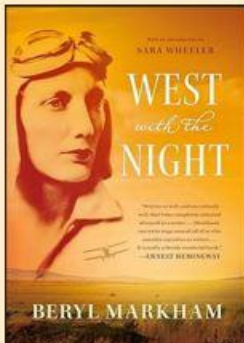
A #1 bestseller on the New York Times, USA Today, Washington-Post, and Los Angeles Times!

From the celebrated author of the “*The Nightingale*” and “*The Four Winds*” Kristin Hannah’s “*The Women*” is at once an intimate portrait of coming of age in a dangerous time and an epic tale of a nation divided.

Women can be heroes. When twenty-year-old nursing student Frances “Frankie” McGrath hears these words, it is a revelation. Raised in the sun-drenched, idyllic world of Southern California, and sheltered by her conservative parents, she has always prided herself on doing the right thing. But in 1965, the world is changing, and she suddenly dares to imagine a different future for herself. When her brother ships out to serve in Vietnam, she joins the Army Nurse Corps and follows his path.

***West with the Night*** by Beryl Markham

**AUGUST 2024**



Beryl Markham’s “West with the Night” is a true classic, a book that deserves the same acclaim and readership as the work of her contemporaries Ernest Hemingway, Antonine de Saint Exupery, and Isak Dinesen.

If the first responsibility of a memoirist is to lead a life worth writing about, Markham succeeded beyond all measure. Born Beryl Clutterbuck in the middle of England, she and her father moved to Kenya when she was a girl, and she grew up with a zebra for a pet, horses for friends, baboons, lions and gazelles for neighbors. She made money by scouting elephants from a tiny plane. And She would spend most of the rest of her life in East Africa as an adventurer, a racehorse trainer, and an aviatrix – she became the first person to fly nonstop from Europe to America, the first woman to fly solo east to west across the Atlantic. Hers was indisputably a life full of adventure and beauty.

And then there is the writing. When Hemingway read Markham’s book, he wrote to his editor, Maxwell Perkins: “She has written so well, and marvelously well, that I was completely ashamed of myself as a writer. . . [She] can write rings around all of us who consider ourselves as writers . . . It is really a bloody wonderful book”.

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## Sierra Renaissance Society of El Dorado County Calendar

<b>2024 Dates</b>	<b>Presentation Subject</b>	<b>Speaker</b>
<b>July 19, 2024</b>	Ice Cream Social with Gold Rush 2.0	Mark Dayton
August 16, 2024	How Development Has Affected Wildlife	Shelly Blair
September 20, 2024	Yosemite Then and Now	Cheryl Purgett
October 18, 2024	Sierra Wildlife w/Ambassadors	Judy Monestier Sierra Wildlife Rescue
November 15, 2024	El Dorado Agriculture—Past, Present and Future and the Annual Meeting	Greg Boeger, Charles Mansfield, Paul Bush, David Bolster, Leeann Mila
December No Meeting	No Presentation	

**All meetings will be held at the Mother Lode Lions Hall  
4701 Missouri Flat Rd. Diamond Springs 1-3 PM**

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Link to You Tube Videos of previous presentations;  
<https://www.youtube.com/@sierrarenaissancesociety6812>

A PDF of the newsletter can be found on the SRsedc.com website at the link below:  
[Newsletter in PDF link](#)